## High Hopes

| Description: | Partner Dance. (48 Counts) |
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| Start position: | Right Skaters, facing LOD. Gent's steps listed. Lady's steps opposite throughout unless stated. |
| Choreographer: | Caro** \& George Stayte. (UK) * Fully Qualified D \& G Instructor. 02392 423925 carol.stayte @ntlworld.com |
| Music: | "Better Than Today" by Don Williams. CD And so it Goes, (88/176 bpm - Script written as 176 bpm) |
|  | Intro: 32 Counts. Near the end of the track there is a slight pause, dance through it. |
| Alternative: | "Weed instead of Roses" by Ashley Monroe. CD. Like a Rose. (159 bpm) Intro: 20 Counts. Start on the word "We". |
|  | Tracks available from iTunes And Amazon |

## GENT: <br> LADY:

1 BOTH: STEP LOCK STEP FORWARD X2, MAMBO FORWARD,
$1 \& 2$ Step fwd on left, lock right behind left, step fwd on left.
$3 \boldsymbol{\&} 4$ Step fwd on right, lock left behind right, step fwd on right.
$5 \& 6$ Rock fwd on left, recover on right, step back on left.
Step fwd on right, lock left behind right, step fwd on right.
$7 \& 8 \quad 1 / 4$ turn right on right, together on left, $1 / 4$ turn right stepping Step fwd on left, lock right behind left, step fwd on left. Fwd on right. RLOD

Rock fwd on right, recover on left, step back on right.
$1 / 4$ turn left on left, together on right, $1 / 4$ turn left stepping
Fwd on left. RLOD
Note: Count: $7 \& 8$ Release right hands, rejoin right under left into cross hands.

2 STEP LOCK STEP FORWARD X2, MAMBO 1/2 TURN. SHUFFLE FORWARD.
$1 \& 2$ Step fwd on left, lock right behind left, step fwd on left.
$3 \boldsymbol{\&} 4$ Step fwd on right, lock left behind right, step fwd on right.
$5 \& 6$ Rock fwd on left. Recover on right, $1 / 2$ turn left stepping fwd on left.
7 \& 8 Right Shuffle fwd RLR. LOD

3 SHUFFLE FORWARD, MAMBO FORWARD. 1/4 TURN SHUFFLES X2 (PINWHEEL)
$1 \boldsymbol{\&} 2$ Left Shuffle fwd LRL.
$3 \boldsymbol{\&} 4$ Rock fwd on right, recover on left, step back on right.
$5 \& 6$ Rotate $1 / 4$ turn shuffle to the right LRL.
$7 \& 8$ Rotate $1 / 4$ turn shuffle to the right RLR. RLOD

## STEP LOCK STEP FORWARD X2, MAMBO FORWARD. SHUFFLE BACK.

Step fwd on right, lock left behind right, step fwd on right.
Step fwd on left, lock right behind left, step fwd on left.
Rock fwd on right. Recover on left, step back on right.
Left Shuffle back LRL RLOD
Left Shulm to Right Palm.

## SHUFFLE BACK, MAMBO BACK. <br> 1/4 SHUFFLES X2 (PINWHEEL)

Right Shuffle back. RLR
Rock back on left, recover on right, step fwd on left.
Rotate $1 / 4$ turn shuffle to the right RLR.
Rotate $1 / 4$ turn shuffle to the right LRL. LOD
MAMBO BACK, 1/4 TURN SHUFFLES X2 (PINWHEEL) MAMBO BACK.
Rock back on right, recover on right. Step fwd on right.
Rotate $1 / 4$ turn shuffle to the right LRL
Rotate $1 / 4$ turn shuffle to the right RLR, RLOD
Rock back on left, recover on right, step fwd on left.

5 MAMBO BACK. STEP LOCK STEP. PIVOT 1/4 TURN. CROSS. SIDE ROCK, CROSS.
$1 \& 2$ Rock back on left, recover on right, step fwd on left.
$3 \boldsymbol{\&} 4$ Step fwd on right, lock left behind right, step fwd on right.
$5 \& 6$ Step fwd on left pivot $1 / 4$ turn right, cross left over right.
$7 \& 8$ Rock to side on right, recover on left, cross right over left.
PIVOT 1/2 TURN, STEP FORWARD. STEP LOCK STEP. PIVOT 1/4 TURN. CROSS. SIDE ROCK, CROSS.
Step fwd on right, pivot $1 / 2$ turn left, step fwd on right.
Step fwd on left, lock right behind left, step fwd on left.
Step fwd on right pivot $1 / 4$ turn left, cross right over left.
Rock to side on left, recover on right, cross left over right.
Note: Count: $1 \& 2$ Rejoin hands into side by side/sweetheart position.
Count: 5 \& 6 Right hands over Lady's head into crossed hands, right hand on top. Face to face.
6 SIDE SHUFFLE, BEHIND, SIDE CROSS.

## SIDE TOGETHER 1/4 TURN. SHUFFLE FORWARD.

$1 \& 2$ Step to side on left, together on right, to side on left.
$3 \& 4$ Step right behind left, to side on left, cross right over left.
$5 \& 6$ Step to the side on left together on right, $1 / 4$ turn left stepping
Step fwd on left to LOD
SIDE SHUFFLE, BEHIND. SIDE, CROSS.
SIDE TOGETHER 1/4 TURN. SHUFFLE 1/2 TURN
Step to side on right, together on left, to side on right.
Step left behind right, to side on right, cross left over right.
Step to the side on right, together on left, $1 / 4$ turn left stepping
Step back on the right to RLOD
$7 \& 8$ Right shuffle fwd RLR $1 / 4$ turn left on left, together on right, $1 / 4$ turn left step fwd on left. LOD
Note: Count: $5 \& 6$ Release Left hands.
Count: $7 \& 8$ Rejoin Left hands, bring right hands down to Lady's right hip, into right skater position.
START AGAIN

