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High Hopes

Description: Partner Dance. (48 Counts)

Start position: Right Skaters, facing LOD. Gent's steps listed. Lady's steps opposite throughout unless stated.

Choreographer: Carol* & George Stayte. (UK) * Fully Qualified D & G Instructor. 02392 423925 carol.stayte@ntlworld.com

Music: "Better Than Today" by Don Williams. CD And so it Goes, (88/176 bpm - Script written as 176 bpm)

Intro: 32 Counts. Near the end of the track there is a slight pause, dance through it.

Alternative: "Weed instead of Roses" by Ashley Monroe. CD. Like a Rose. (159 bpm) Intro: 20 Counts. Start on the word "We".

Tracks available from iTunes And Amazon

LADY:

BOTH: STEP LOCK STEP FORWARD X2, MAMBO FORWARD, SHUFFLE 1/2 TURN.

1 & 2 Step fwd on left, lock right behind left, step fwd on left. Step fwd on right, lock left behind right, step fwd on right. 3 & 4 Step fwd on right, lock left behind right, step fwd on right. Step fwd on left, lock right behind left, step fwd on left.

5 & 6 Rock fwd on left, recover on right, step back on left. Rock fwd on right, recover on left, step back on right. 7 & 8 1/4 turn right on right, together on left, 1/4 turn right stepping 1/4 turn left on left, together on right, 1/4 turn left stepping

Fwd on right. RLOD Fwd on left. RLOD

Count: 7 & 8 Release right hands, rejoin right under left into cross hands.

STEP LOCK STEP FORWARD X2, MAMBO 1/2 TURN. 2

SHUFFLE FORWARD.

- 1 & 2 Step fwd on left, lock right behind left, step fwd on left.
- Step fwd on right, lock left behind right, step fwd on right. 3 & 4
- 5 & 6 Rock fwd on left. Recover on right, 1/2 turn left stepping fwd on left.
- 7 & 8 Right Shuffle fwd RLR. LOD
- Note: Count: 5 & 6 Release left hands, Right shoulder to Right shoulder, Right Palm to Right Palm.

SHUFFLE FORWARD, MAMBO FORWARD. 1/4 TURN SHUFFLES X2 (PINWHEEL) <u>3</u>

1 & 2 Left Shuffle fwd LRL.

Note:

- 3 & 4 Rock fwd on right, recover on left, step back on right.
- 5 & 6 Rotate ¼ turn shuffle to the right LRL.
- 7 & 8 Rotate ¼ turn shuffle to the right RLR. RLOD

MAMBO FORWARD, 1/4 TURN SHUFFLES X2 (PINWHEEL) 4 MAMBO FORWARD.

- 1 & 2 Rock fwd on left, recover on right, step back on left.
- 3 & 4 Rotate 1/4 turn shuffle to the right RLR
- 5 & 6 Rotate 1/4 turn shuffle to the right LRL LOD
- 7 & 8 Rock fwd on right, recover on left, step back on right.

5 MAMBO BACK. STEP LOCK STEP.

PIVOT 1/4 TURN. CROSS. SIDE ROCK, CROSS.

- 1 & 2 Rock back on left, recover on right, step fwd on left.
- 3 & 4 Step fwd on right, lock left behind right, step fwd on right. 5 & 6
- Step fwd on left pivot ¼ turn right, cross left over right. 7 & 8 Rock to side on right, recover on left, cross right over left.
- Count: 1 & 2 Rejoin hands into side by side/sweetheart position. Note:

Count: 5 & 6 Right hands over Lady's head into crossed hands, right hand on top. Face to face.

SIDE SHUFFLE, BEHIND, SIDE CROSS. <u>6</u>

SIDE TOGETHER 1/4 TURN. SHUFFLE FORWARD.

- 1 & 2 Step to side on left, together on right, to side on left.
- 3 & 4 Step right behind left, to side on left, cross right over left.
- 5 & 6 Step to the side on left together on right, 1/4 turn left stepping
 - Step fwd on left to LOD
- Right shuffle fwd RLR 7 & 8

Count: 5 & 6 Release Left hands. Note:

Count: 7 & 8 Rejoin Left hands, bring right hands down to Lady's right hip, into right skater position.

START AGAIN

STEP LOCK STEP FORWARD X2, MAMBO FORWARD. SHUFFLE BACK.

Step fwd on right, lock left behind right, step fwd on right. Step fwd on left, lock right behind left, step fwd on left.

Rock fwd on right. Recover on left, step back on right.

Left Shuffle back LRL RLOD

SHUFFLE BACK, MAMBO BACK. 1/4 SHUFFLES X2 (PINWHEEL)

Right Shuffle back. RLR

Rock back on left, recover on right, step fwd on left.

Rotate 1/4 turn shuffle to the right RLR. Rotate 1/4 turn shuffle to the right LRL. LOD

MAMBO BACK, 1/4 TURN SHUFFLES X2 (PINWHEEL) MAMBO BACK.

Rock back on right, recover on right. Step fwd on right.

Rotate 1/4 turn shuffle to the right LRL

Rotate 1/4 turn shuffle to the right RLR, RLOD

Rock back on left, recover on right, step fwd on left.

PIVOT 1/2 TURN, STEP FORWARD. STEP LOCK STEP. PIVOT 1/4 TURN. CROSS. SIDE ROCK, CROSS.

Step fwd on right, pivot ½ turn left, step fwd on right.

Step fwd on left, lock right behind left, step fwd on left.

Step fwd on right pivot ¼ turn left, cross right over left.

Rock to side on left, recover on right, cross left over right.

SIDE SHUFFLE, BEHIND. SIDE, CROSS.

SIDE TOGETHER 1/4 TURN. SHUFFLE 1/2 TURN Step to side on right, together on left, to side on right.

Step left behind right, to side on right, cross left over right.

Step to the side on right, together on left, 1/4 turn left stepping

Step back on the right to RLOD

1/4 turn left on left, together on right, 1/4 turn left step fwd on left. LOD